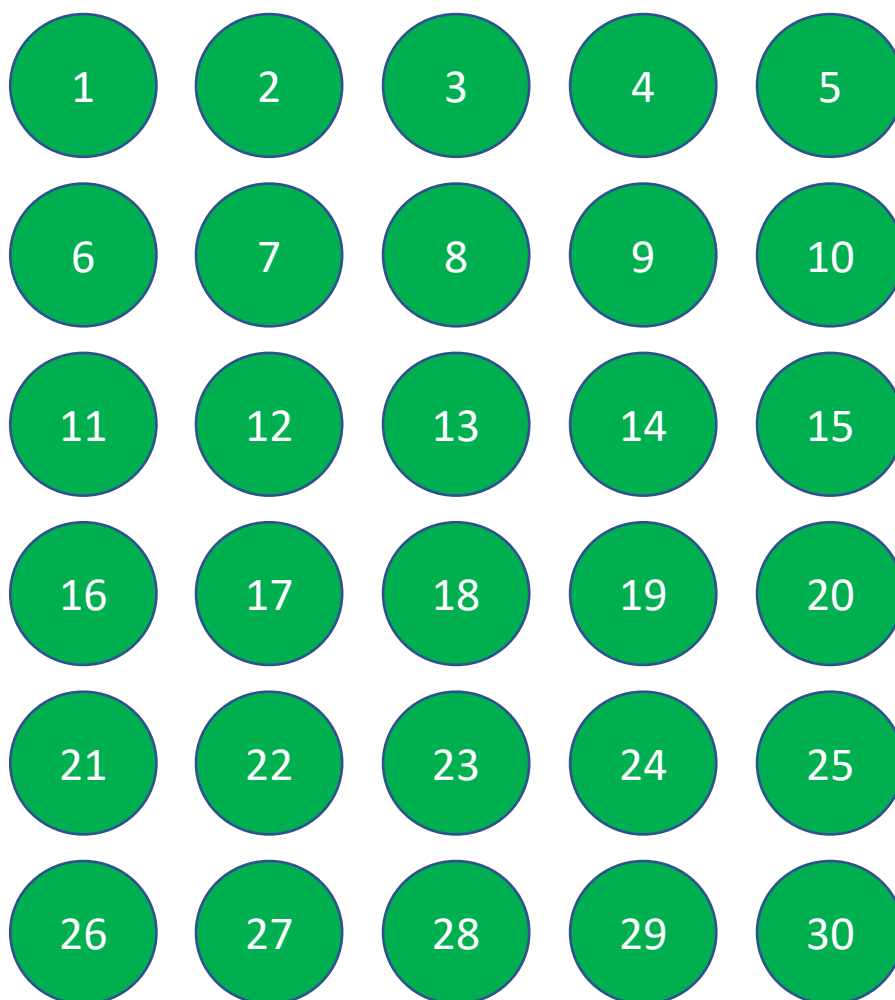


30 Day **NO \$PEND** Tracker



TheWealthCulture.com

Track your progress! 30 Days no spending on nonessentials purchases.

For example gas is essential spending while a large fancy coffee is nonessential.

Determine what is essential spending for you and what is not.

Each successful no spend day you have, cross out corresponding number on the tracker. At the end of 30 days total the amount of money you have saved.

Good Luck! You got this!!